



Weinberg Village Assisted Living Residences  
Sylvan and Jean Orloff Memory Support Unit  
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**FOR IMMEDIATE RELEASE**

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## **LOCAL SENIOR GLEE CLUB MAKES HEALTHY DIFFERENCE**

Tampa, Florida (Thursday, August 28, 2008): "The Halls are Alive with the Sound of Music." Singing Residents at the Weinberg Village Assisted Living Residences sing to their heart's content entertaining guests and friends. For the 30 members' ensemble, which meet one morning a week, there is no doubt one will hear a favorite oldie, pop, holiday or Hebrew song in their repertoire.

Singing, especially in a group atmosphere, has proven tremendous health benefits. Experts from the medical profession have studied when a person sings; they are usually energized with a smile and extra facial expression. The residents at Weinberg Village exhibited specific reactions when they sing. Doctors also believe, specifically in seniors, who stay focused on the words, help with memory and attention span.

"Jane Bray, the conductor, and her husband Lloyd Bray, have generously volunteered their time and experience since they began the Glee Club last February. They choose the music, lead the group and at times act as referees when perfection is not met and frustration sets in amongst the vocalists," says Dan Sultan, Marketing

Director for Weinberg Village. Jane and Lloyd have collaborated to write some parodies on Weinberg Village life. Jane Bray said "we've changed the lyrics to familiar songs, and the members really enjoy these and look forward to them." Bray added said "this has developed far further than I had ever imagined! I initially and truly thought maybe ten (10) people would come, and they'd get discouraged of not being able to sing in tune. Needless to say, I am pleasantly surprised and thrilled that that has not happened. Both Lloyd and I comment at every rehearsal how much improvement and growth the group has shown. They have changed from just a bunch of people getting together to sing, to a "distinguished Glee Club"! It is more than a mitzvah (*good deed*) for us - if the residents are getting rewards from this experience, we are reaping far more"!

Residents now say the Glee Club rehearsals don't come fast enough. Edith, a Glee Club member, says, "I get goose bumps when we sing that song" referring to "*Blessings for the Ones You Love*." Most members, as mentioned, were apprehensive when they first joined this singing club. Now, residents get energized to join the crowd. George confessed, "you guys make my week!" There is sense of appreciation to look forward to something in your life. "Is rehearsal over already?" exclaimed Dottie, another Glee Club member at Weinberg Village. "She would join the club everyday if it were offered in her busy activities schedule", said Nina Goldstein Activities Director at Weinberg Village. Another resident, Dorothea wrote a song back in 1963, entitled "*A Magic Mind*" for her students. The Glee Club brought it back to life. In fact they sang it at their 1st and 2nd performances.

Confidence is on the rise in this singing sensation club. Rose thought she could not carry a tune. She proclaimed "you don't want me in this group." Now Rose rarely

misses a rehearsal. More importantly, these residents feel a sense of commitment and involvement when they sing. Goldstein says, "Feeling this sense of belonging is crucial in a retirement facility.

The Weinberg Village Warblers, the Glee Club official name, has a live performance on September 18<sup>th</sup> at 2:00 PM in the main lobby. There will be a group performance as well as four of the residents reciting a solo piece. The community is invited to enjoy the wonderful performance. They sing to their hearts content and they reap the benefits of good health while doing it!

For more information about Weinberg Village Assisted Living Residences programs and services please call Dan Sultan, Marketing Director or Barbara Gerson, Executive Director, at 813.969.1818 toll free at 866.595.3857 or visit us on the web at [www.weinbergvillage.com](http://www.weinbergvillage.com) . See why our years of experience, commitment and caring professionals make Weinberg Village the very best senior assisted living facility.

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